

Office of the Principal & Dean Faculty of AYUSH

Ref. No. NOT-965

Dated: 19th Sep 2026

TIMETABLE

ACADEMIC YEAR: 2025-2026

CLASS – 1 st Year						
DAY/TIME	MON	TUE	WED	THU	FRI	SAT
08.00- 10.00 AM	Physiology Practical (SMC) Batch -1 / (Yoga Practical) Batch – 2	Yoga (Practical) Dr.Abhijith.K.B	Yoga (Practical) Dr.Abhijith.K.B	Yoga Kriya Dr.Anilka	Yoga (Practical) Dr.Abhijith.K.B	Yoga (Practical) Dr.Abhijith.K.B
10.00 - 11.00 AM	Physiology (Lecture) (SMC)	Physiology (Lecture) (SMC)	Biochemistry (Lecture) (Dr. Roshni)	PNC – 1 (Lecture) (Dr. Abhay Kumar)	PNC – 2 (Lecture) (Dr. Abhay Kumar)	Mentor mentee meeting
11.00 - 12.00 PM	Biochemistry (Dr. Roshni) OSPE /OSCE)	Anatomy (Dr.Anilka)	Anatomy (Dr. Anilka)	Anatomy (Lecture) SMC	Anatomy (Lecture) SMC	Anatomy (Practical) (SMC)
12.00 - 01.00 PM	EVS (Mrs.Sweta)	Biochemistry (Dr. Roshni) OSPE /OSCE)	SANSKRIT (Lecture) (Mr. Yeshpal)	Rastraboadh (Dr. D.C Saxena)	Biochemistry (Lecture) (Dr. Roshni)	
01.00 - 02.00 PM	LUNCH					
02.00 - 03.00 PM	PNC – 1 (Lecture) (Dr. Abhay Kumar)	Biochemistry Practical (Paramedical Department) Batch - 1 / PNC Practical (Dr. Abhay Kumar) Batch - 2	Physiology (Dr.Anshi Sharma) OSPE /OSCE	Physiology (Lecture) (Dr.Anshi Sharma)	English Communication (Ms. Soni Chauhan)	
03.00 - 04.00 PM	Yoga Practices (Lecture) Dr.Abhijith.K.B		Yoga Practices (Lecture) Dr.Abhijith.K.B	Library/Slow & Fast Learner/ SWAYAM-MOOC		

- Note: Batch – 1 will go for the physiology class for 6 months and batch – 2 will go for the Yoga practical class for 06 months on every Monday.
- OSCE: Objectively structured Clinical examination, OSPE: Objectively structured Clinical examination.
- Class Coordinator : Dr. Abhay Kumar, Assistant Professor, MASCHNYS

PRINCIPAL
MASCHNYS
Swami Vivekanand Subharti University
Meerut